

School Restaurant Lycée Claudel

SCHOOL YEAR 2023-2024



CP to TERMINAL

Monday **Tuesday** **Wednesday** **Thursday** **Friday**

Week 1

August 28th
September 25th
October 23rd
November 27th
December 4th
January 8th

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| Chicken and vegetable soup BBQ Meatballs Mashed potatoes Greek omelet Green beans Garden salad | Pea soup Teriyaki chicken Teriyaki tofu Basmati rice Mixed vegetables Creamy coleslaw | Cream of vegetable soup Meatloaf with mushroom sauce Mac & cheese Sauteed squash Spinach and carrot salad | Farmer's vegetable soup Coconut Thai chicken Brown rice Vegetarian burrito bowl Mix of broccoli, cauliflower, and yellow carrots Spring salad mix | Cream of broccoli soup Veal Parmigiana Parmesan eggplant Buttered egg noodles Diced mixed vegetables Caesar salad |
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Week 2

September 4th
October 2nd
November 6th
December 4th
January 15th

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| Cream of mushroom soup Chicken with creamy pesto sauce Herbed fusilli Chili in carne with tortillas Broccoli Market salad | Minestrone soup Beef burger with cheese Tofu burger Roasted potatoes Green beans Mixed garden salad | Onion soup Pasta, sauce rosée au gratin Veal curry Basmati rice Carrot sticks Caesar salad | Tomato and quinoa soup Asian style chicken Vegetarian meatloaf, tomato sauce Rice vermicelli Edamame and carrots Oriental coleslaw | Vegetable soup Italian style pita Tuna casserole Green beans Mediterranean salad |
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Week 3

September 11th
October 9th
November 13th
December 11th
January 22nd

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| Chicken noodle soup Beef Bourguignon Grilled fish fillet, tartare sauce Mashed potatoes Broccoli, carrots, and cauliflower Chef salad | Lentil soup Grilled turkey sausage panini Falafels and tzatziki sauce panini Oven baked vegetables Carrot salad | Cream of chicken soup Macaroni with meat sauce casserole Vegetarian macaroni casserole Broccoli Caesar salad | Cream of carrot soup Mexican beef and cheese wrap Mexican egg and cheese wrap Rice and corn Mix of green beans, yellow and orange carrots, waxed beans, broccoli Chef salad | Beef and barley soup General Tao chicken Tofu Tao Mix of broccoli, cauliflower, and yellow carrots Coleslaw |
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Week 4

September 18th
October 16th
November 20th
December 18th
January 29th

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| Cream of tomato soup Butter chicken Butter legumes and tofu Steamed rice Corn and red peppers Garden salad | Chicken noodle soup Turkey burger <i>(lettuce, tomato, spicy mayonnaise)</i> Black bean burger Roasted potatoes Mixed vegetables Oriental salad | Vegetable soup Spaghetti with meat and lentil sauce Spaghetti with tomato sauce Green beans Caesar salad | Cream of squash soup Pepperoni (turkey) and cheese pizza Vegetarian cheese pizza Basmati rice Broccoli and cauliflower Market salad | Oriental soup Shepherd's pie Cheese tortellini with tomato sauce Mix of green beans, carrots, yellow carrots, waxed beans |
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MEAL PLANS INCLUDE :
 > soup or vegetable juice 200 ml
 > main course
 > bread (if it is not a part of the main courses)
 > a drink (water, milk 237 ml or juice 200 ml)
 > dessert - fresh fruit, yogurt 100 g, fruit salad apple sauce (or on special days : cookie, cake, etc.)

Annual plan : 1 211.00 \$
 90 meals : 697.50 \$
 50 meals : 400 \$
UNIT PRICE : 8.60 \$

KINDERGARTEN PETITE SECTION

MANDATORY ANNUAL PLAN INCLUDING :
 - Main course
 - drink (water or milk or juice)
 - dessert
 - 2 snacks per day

Annual plan : 1 271.55 \$
"MOYENNE and GRANDE" SECTIONS

MEAL PLANS INCLUDE :
 - Main course
 - drink (water or milk or juice)
 - dessert
 - 1 snack per day

Annual plan : 1 349.40 \$
 90 MEALS : 742.50 \$
 50 MEALS : 427.50 \$
UNIT PRICE : 9.20 \$

The Zipthru card is a great and easy method of payment! Available at the Lycée Claudel School Resto!

For more information, visit our website
www.Chartwellsk12.ca

Other methods of payment are also available for your convenience.



**Menus are subjected to change, depending on product availability and seasons.
 Meals on this menu do not contain any pork products.**