

## Leadership and Solidarity

This timely Program will allow students to develop their leadership and management ability, to acquire and develop the skillset required to be a catalyst of change and to become responsible, self-driven and resourceful community members. It just might be the perfect introduction to the world of business and to social awareness and responsibility : assertive individuals bonding in an utmost sense of pride and belonging. By the end of the Program, each participant will have the tools he or she needs to become an impactful leader!

With that in mind, we provide you with exercises, activities and role playing leading to authenticity that are based on self-expression, dynamic interaction and radiant lucidity. You will thus be summoned to discover yourself through others and discover others through yourself in order to become empowered influencers, awareness-driven unifiers and leaders in rallying, integration and conflict prevention. **You will become beacons and role models within your respective communities!**

In order to achieve it all, we will rely on the ongoing development of emotional intelligence, through establishing personal values, empathy, reception, active listening, expression, making an impression, complementing each other within the same community, role assignment, coordination and cohesiveness, accurate and to-the-point intervention, sensitivity toward issues specific to your generation, opportunities for evolution and progress, problem-solving, as well as self-fulfillment and exceeding your limits. Each skill will require we acquire knowledge, soft skills and know-how, to culminate in existing-beyond-knowledge, within a blooming and inclusive community.

We will thus take on potential situations in setting up best practices, where you will become a catalyst for proactive minds around you. Through role playing, you'll undertake responsibilities in making the most of the freedom you will have earned in creating community living with respect, forward-thinking and collaboration as its cornerstones. **Finally, you will conceive and materialize a unifying activity involving a segment of the community of your choice.**

Let's be responsible leaders and impactful advocates for the self-fulfillment of everyone around us and motivate them toward exceeding their own limits. Self-commitment is based on discovering oneself, unveiling oneself and empowering oneself.

### Preferred Channels

1. Acquiring and testing notions and concepts from logical and emotional standpoints
2. Teamwork
3. Discussion and support groups
4. Self-awareness and self-reflection activities
5. Mobilizing and unifying activities
6. Mastering the art of storytelling
7. Simulations and role playing

8. Owning and integrating the moment
9. Meshing personal values with common values
10. Establishing milestones and measuring sticks to assess and monitor situations :  
credibility, feasibility, viability, sustainability, accessibility, social acceptability, relevance
11. Challenges created and presented by the participants : rising to one another's  
challenges

#### Schedule

16 sessions (every Wednesday, from 4 :45 pm to 6 pm)