



SYLLABUS

AFTERSCHOOL ACTIVITIES 2019-2020

ACTIVITIES SEMESTER 1 - ANNUAL ACTIVITIES

5 ACTIVITY GROUPS : ART, LANGUAGE, MUSIC, SPORT, SCIENCE AND DISCOVERY.

ART :

- Arts plastiques - Visual art : This activity is meant to teach how to draw objects, animals and humans ... You will practice sketches using objects or tools from your day-to-day life and work on several mediums. *Please provide an apron or old shirt.* [Activity per semester.](#)
- “Brico Rigolo” : If you are hands-on and you like making do-it-yourself, artistic creations, come to join us in this workshop intended to stimulate your creativity and your curiosity, to improve your fine motor skills and develop your self-respect by being proud of your finished work! *Please provide an apron or old shirt.* [Activity per semester.](#)
- Photo : “A portrait is not made in the camera but on either side of it.” - Edward Steichen. Learn or hone your skills in this art by sharpening your aesthetic sense and camera techniques. [Activity per semester.](#)





- **Initiation Théâtre - Theater introduction** : William Shakespeare wrote “All the world's a stage.” Thanks to adapted games, learn how to speak in front of others, to listen to them, to move around, to have a voice and to use controlled breathing. It's all fun, because theatre is all about playing! [*Activity per semester.*](#)
- **Théâtre** : Whether you are an extrovert or you would like to become one, this course will allow you to finally express everything bubbling inside of you! This initiation to theatre works through activities to help students gain in confidence and awareness. Children will develop their concentration, body language and verbal expression. Our drama specialist knows how to share their love of the theatre with you! [*Activity per semester.*](#)



LANGUAGE :

- **Club d'Anglais - English Club** : Here you will practice your English orally through fun and interactive activities. You will play games, learn songs, and everything adapted to your level. In English please! [*Activity per semester.*](#)
- **Arabe - Arabic** : Introduction to Arabic language and calligraphy through games, songs and entertaining activities. It's adapted to the level of the students to learn by having fun, while learning about Arab culture. Yallah! [*Activity per semester.*](#)
- **Espagnol - Spanish** : Hola ! Come practice or learn Spanish. The singing and games will be on display to convey to you the passion of the language of Cervantes. [*Activity per semester.*](#)





MUSIQUE :

- **Eveil musical - Musical awakening** : No need to be Mozart to come join us! On the contrary, here you are going to learn to recognize instruments by seeing them, listening to them and by manipulating them, learning the sense of the rhythm, and recognizing tones. Musical games, active listening and songs will develop your basic notions. [*Activity per semester.*](#)



- **Guitar - group lessons** - In these small group lessons, learning is done through different musical pieces, adapted to the level and tastes of the students. *Please make sure to bring your own guitar to class.* [*Annual activity.*](#)



- **Guitar - individual lessons** - Whether you are a beginner or a guitar virtuoso, Louis Trépanier knows how to inspire you with his passion and his expertise at guitar. Louis Trépanier has been a concertist and guitar teacher for more than twenty years. He is a founding member of Canada's Guitar Quartet and a guitar sector coordinator at the University of Ottawa School of Music, where he is an adjunct professor. Louis has extensive experience teaching guitar at all ages and levels. Bilingual English-French teacher. More information about [Louis Trépanier](#). *Please make sure to bring your own guitar to class.* [*Annual activity.*](#)

- **Piano - group lessons** - Would you like to try playing piano? This class will help you discover the instrument and prepare to learn how to play. Learn about this instrument and the notes through games, improvisation and basic composition. [*Annual activity.*](#)





- **Piano - cours individuels - Piano - individual lessons** - One on one lessons with an instructor. *Annual activity.*
 - **Aude Urbancic** : Pianist Aude Urbancic holds a diploma in collaborative piano from the University of Montreal, a Masters degree in music in piano interpretation from the University of Ottawa and a Baccalaureat of music from Mount Allison University. Her professional activities include teaching piano, working with students from the University of Ottawa and being musical director of multiple choirs. She also works with the National Arts Center as a rehearsal pianist and is one of the judges of the New Brunswick Competitive Festival of Music. Lessons available in English or French.
 - **Edana Higham** : A piano teacher since 2012, Edana has taught children of all ages and works at the University of Ottawa laboratory for research in piano pedagogy. For more information on her course, visit her webpage: <https://www.edanahigham.com/> . Lessons available in English or French.
 - **Samar Abi Nasr** : A piano teacher since 2003, she has taught in homes, in music schools, in studios and in school boards. She has worked with students from the ages of 5 to 12, in different systems: using the French method in Lebanon (for over 10 years) as well as the Canadian method since 2015. Samar additionally has trained to teach piano to students on the autism spectrum or those with ADHD. Lessons available in English, Arabic or French.

- **Ukulele - group lessons** - Are you interested in playing an instrument that reminds you of being on vacation, and is easy and quick to learn? The ukulele is perfect for you! There are 4 different types of ukulele, and this course teaches the soprano. You have the possibility to learn and play music, all while having fun in a group of like-minded learners. *Please make sure to bring your own ukulele.* *Annual activity.*

- **Violin - individual class** - Tianping (Mary) Chen began violin studies at the age of 4 in Shanghai and furthered her performance studies with teachers from Queen's University. She has been teaching in the Ottawa/Gatineau Region, including at the Ottawa School of Music and Capital Music Academy, since 2011. In addition, she has run private studios providing lessons to children over her 10 years of teaching





experience. Ms. Chen loves to provide support and encouragement as well as violin experience to her students. *Thank you for coming with your own violin.* [Annual activity.](#)

SPORTS : For all sports, please make sure that, wherever possible, the children wear appropriate clothing the day of the activity, adapted to facilitate the movement of children.

The schedule for soccer and multisport activities will be shared in September once all the school schedules, including those for the gym, are confirmed.

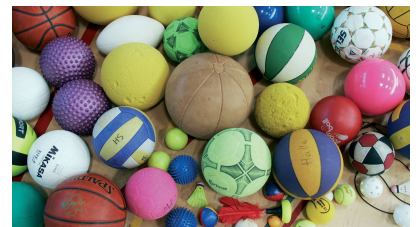
- **Football - Soccer** - With 38 million soccer players around the world, let's not forget those from here at Lycée Claudel! Come learn and practice how to work the ball, in the company of our professional trainer. Sessions will be outside when weather permits, or inside. [Activity per semester.](#)



- **Judo** - Judo comes from the Japanese words JU, meaning gentle, and DO meaning way. Become a Judoka by learning and practicing this martial art with the Judo Club at Lycée Claudel, which also instills respect and self-confidence. [Activity per semester.](#)



- **Multisports** : The goal of this activity is to learn the values of sports, to work and improve motor skills and above all, to work together. Come and discover activities like basketball, football, handball, floor hockey, races, challenges and activities. Each week, different activities will be adapted, depending on the group. The objective of the activity is not to be perfect, but to have fun and participate! [Activity per semester.](#)



- **Yoga** : This practice improves attention and balance, promotes relaxation and develops physical strength. Here, find your inner tranquility with the help of funny yoga poses. English workshop. Namasté! [Activity per semester.](#)





- **Zumba** : Want to work out and sway your hips by following the furious rhythms of Latin music? Come to join us with [Céleste Robert](#), the real pro of Zumba who will share her passion for this activity with you! [Activity per semester.](#)



SCIENCES ET DÉCOUVERTES / SCIENCE AND DISCOVERY :

- **Discovery Club** : Through participation in this club, you will have the opportunity to create different fun and exciting scientific experiments. Dive into the scientific universe with the Discovery Club! You will breathe life into images, create colourful reactions, exercise your brain and use mechanical forces to create surprising and unique experiments! [Activity per semester.](#)



- **Echecs - Chess** : 10 minutes to learn the rules, a life to master the game. Come play and increase your concentration, your memory, and your independent spirit while playing! [Activity per semester.](#)



- **Eveil Culinaire - Culinary Awakening** : Get acquainted with French and international cuisine, learn various techniques and use a maximum of local and seasonal products to prepare good well-balanced dishes, in short... become real mini Chefs : here is the purpose of this workshop! [Activity per semester.](#)



- **Little Chef's Bakery** - Pies, cakes, flans, cookies...come and learn how to spoil your family and friends in our bakery workshop! You will learn basic techniques but also the tips and tricks to prepare desserts





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like a real pro. Kids with a sweet tooth welcome! [Activity per semester.](#)

- **Robotique - Robotics** : Who would not like to build their own robot and see it move by programming it? Join us and discover the thrill of robotics which will allow you to conduct activities, to meet challenges, to learn to work in a group to find solutions, and to develop your skills and knowledge in mathematics, science, technology and digital technology, and all without screens.
 - **Robotics Circle** : for kids 4-8 years old : Designed for open-ended play, this program lets children create any experience through educational robotics- a character from a story, a carousel, a dancer, a race helicopter- anything they can imagine. Children engage in playful learning, cultivate their curiosity for the technological world, explore problem solving and understand concepts such as sequencing, coding, cause and effect, programming, sensors, motors, gears and actuators. This is an engaging introduction to powerful ideas from robotics, computer science, and engineering in a structured, developmentally appropriate paradigm. This program also appeals to children who have limited reading and writing skills. [Activity per semester.](#)
 - **Robotics Square** : for kids 9-12 years old : This program also introduces various simple and intermediate robotics platforms to children. Using the engineering design cycle, children will explore and build machines and creations featuring working motors and sensors and then program their models to come to life. The sessions will explore a series of cross-curricular, theme-based activities while developing their skills in STEM as well as language, arts and literacy. The hands-on and play-based learning activities will use robotics to foster development of cognitive thinking, critical reasoning, and problem solving through teamwork and collaboration. [Activity per semester.](#)

